| アレルギー物質<br>省令及び通知<br>特定原材料名称 | 卵 | 乳 | 小麦粉 | そば | 落花生 | あわび | いか | イクラ | えび | オレンジ | かに | キウイフルーツ | 牛肉 | くるみ | さけ | さば | 大豆 | 鶏肉 | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン | バナナ | ごま | カシューナッツ |
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| メニュー名(昼食　3番) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ごはん(北海道産ななつぼし) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| みそ汁 | | | | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 道産生野菜サラダ | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ちらしごはん | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 醤油ラーメン | ○ | | ○ | | | | | | | | | | ○ | | | | ○ | | ○ | | | | ○ | | | | |
| いも餅 | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 豚肉とニンニク芽油炒め | | | ○ | | | | | | | | | | | | | | ○ | | ○ | | | | | | | | |
| 入り豆腐煮 | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| お漬物 | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | ○ | |
| ※固定常備食(毎日提供) | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ポークカレー | | ○ | ○ | | ○ | | | | | ○ | | | | | | | ○ | ○ | ○ | | | | ○ | | | ○ | |
| ※夕食がカレーの時は | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 常備食シチューに代わります | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| クリームシチュー | | ○ | ○ | | | | | | | | | | | | | | ○ | | ○ | | | | | ○ | | ○ | |
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| コーヒー | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| コーヒーミルク | | ○ | | | | | | | | | | | | | | | | | | | | | | | | | |
| ウスターソース | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 醤油 | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| フレンチ白ドレッシング | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| フレンチ赤ドレッシング | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| 焙煎胡麻ドレッシング | ○ | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | ○ | |
| 和風玉ねぎ醤油ドレッシング | | | ○ | | | | | | | | | | | | | | ○ | | | | | | | | | | |
| すっきりレモンドレッシング | | ○ | ○ | | | | | | | | | | | | | | ○ | ○ | | | | | ○ | | | | |
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| みそ汁(毎日変わる具材については、直接表示しております。 | | | | | | | | | | | | | | | | | | | | | | | | | | | |